



# U19 Men Panthers



The USA Rugby South u19 program competed for the first time and finished 3rd in the **2014 U19 North America Caribbean Rugby Association (NACRA) Championships**. Visit these sites for more information <http://www.usarugbysouthpanthers.com/> and [www.NACRugby.com](http://www.NACRugby.com). The **2015 NACRA Championships** are going to be held at Orlando, Florida. We will have two teams in this event.

## Next Camp – May 24-25th at MTSU with Welsh (touring side) Game

**Middle Tennessee State University (MTSU) in Murfreesboro, TN is the site for the next camp. This is the FINAL open camp.**

**Field address:**

2111 East Main Street; Murfreesboro, TN 37130

<https://www.google.com/search?q=Sports+Club+Complex&ghq=Murfreesboro,+TN&ludocid=16685247406253305354>

**Hotel:**

Baymont Inn & Suites, I-24, Exit 78

2230 Armory Drive, Murfreesboro, TN 37129

Call 615-896-1172 for Reservations. Group name is: **USA U19 Tri-Stars**

**Players:** Transportation, food & lodging is on your own. Players under 18 must be under the supervisor of a parent or an assigned guardian. Come prepared for rugby. Wear a numbered rugby jersey and proper rugby shorts. Bring cleats, MOUTHPIECES ARE REQUIRED and anything you need (tape, brace, etc.). Prepare according to weather conditions. Have plenty of water and snacks.

Please complete Player Application on-line to save time checking in!!!

<http://www.usarugbysouthpanthers.com/>

### **Sunday, May 24th**

9:30 – Check-in

10:00 - 12:00 – Morning practice session

2:00 – Warm-ups and game preparation.

3:00 - USA South U19 A vs. Tri-Star A

4:00 - USA South U19 B vs. Tri-Star Varsity B

6:00 - Rotating Scrimmage sessions as needed to insure everyone gets ample playing time.

### **Monday, May 25th**

10:30 - 12:30 – Pregame walk-thru and organization by team

3:00 - USA U19 B vs. Tri-Star Varsity

5:00 - Color Guard, Honor Veterans (All veterans and active military will be invited to the pitch.)

Welsh National Anthem & US National Anthem



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5:15 - USA South U19 vs. Wales  
Post game social at field - \$10 per person

**June 27-28th - Final Camp, Columbus, GA This camp will be by invitation only. Approximately 48 – 50 players. (Eastern time zone)**

## **Saturday, June 27**

9:30 – 11:30 Morning practice session

1:00 – 4:00 Afternoon session and scrimmages

Team Outing - Zip line over the Chattahoochee River in Downtown Columbus & white-water rafting course

TBD – all costs shall be on your own.

## **Sunday, June 28**

9:00-12:00 – Morning session and scrimmages

## **July 9 – 18**

**NACRA – Tournament assembly & Competition Week Orlando, Florida**

## **Player Requirements**

Players must be born between January 1<sup>st</sup>, 1996 and December 31<sup>st</sup>, 1998 for u19 and after January 1<sup>st</sup>, 1997 for u18. This program is a travel all-star team and all players need to have a minimum standard of athletic ability and rugby experience. We also require:

- Dedication to attend camps
- Commitment to a personal fitness, strength and conditioning program
- Ability to meet budget requirements through current funds and fundraising efforts. Expenses include:
  - Each player must cover their own travel and lodging at each camp. Some events may have additional costs
  - There is a one-time application fee of \$25 which includes a South u19 t-shirt
- If selected expenses will include:
  - Travel and lodging expenses for events
  - There will be a team fee for kit, apparel and other expenses
  - Passport, travel insurance and other expenses TBD
- Willingness to do hard work
- Ability to follow directions as a player and with team management
- Ability to have a valid passport when international travel is required
- IRB Regulation 8 applies to all players in the national u19 teams i.e. born in the country, parents or grandparents born in the country or player resident for previous 36 months. For more information on the IRB go to <http://www.irb.com/index.html>
- Each player must be a member of the USA South U19 Facebook Group - <https://www.facebook.com/groups/686006471445734/>



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## **Any Questions, Please contact us**

USA Rugby South u19 - <http://www.usarugbysouthpanthers.com/>

Join us on Facebook - <https://www.facebook.com/groups/686006471445734/>

Coach Mark Williams - [PantherU19Men@usarugbysouth.com](mailto:PantherU19Men@usarugbysouth.com)

Kevin Kitto, Director of Rugby - [kevinkitto@verizon.net](mailto:kevinkitto@verizon.net)

Forwards Coach Randall Joseph - [randall\\_joseph@bellsouth.net](mailto:randall_joseph@bellsouth.net)

Backs Coach Jody Hensley - [Jody.Hensley@mtsu.edu](mailto:Jody.Hensley@mtsu.edu)

Team Manager Theresa Williams - [pantheru19men@usarugbysouth.com](mailto:pantheru19men@usarugbysouth.com)