



U19 Men Panthers



The USA Rugby South u19 program competed for the first time and finished 3rd in the **2014 U19 North America Caribbean Rugby Association (NACRA) Championships**. Visit these sites for more information <http://www.usarugbysouthpanthers.com/> www.NACRugby.com .
The **2015 NACRA Championships** are going to be held at Orlando, Florida.

Next Camp – Sunday, April 19th – New Orleans, LA

Gretna Rugby Pitch home of New Orleans Rugby Club.

- 9:00 – meet at fields. The camp will run till approximately 1:00.

<http://www.neworleansrugbyclub.com/map>

Players -Come prepared for rugby. Where a numbered rugby jersey and proper rugby shorts. Bring cleats, MOUTHPIECES ARE REQUIRED and anything you need (tape, brace, etc.). Prepare according to weather conditions. Have plenty of water and possibly snacks.

Please complete Player Application on-line to save time checking in!!!

<http://www.usarugbysouthpanthers.com/>

Events & Schedule

- **April 18-19th – New Orleans, LA** – Saturday 18th - Coaches to attend and watch players at the Louisiana State Championship. Sunday 19th - A 1-day camp to include a morning skills session with possible scrimmage games in afternoon.
- **May 24-26th (Memorial Day weekend) – Camp at MTSU & Welsh Touring Side.** There will be a 2-day Camp at Middle Tennessee State University that includes a match against a Welsh u19 Touring Side. Roster selections shall be made at this event.
- **June 27-28th – Final Camp TBD**
- **July 8th – 18th – NACRA – Tournament assembly & Competition Week TBD** Florida location.



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Player Requirements

Players must be born between January 1st 1996 and December 31st 1998 for the u19 team. For the u18 players must be born after January 1st 1997. This Program is a Travel all-Star Team and all players need to have a minimum standard of athletic ability and rugby experience. We also require:

- Dedication to attend Camps
- Commitment to a personal Fitness, Strength and Conditioning Program
- Ability to meet budget requirements through current funds & Fundraising efforts. Expenses include:
 - Each Player must cover their own travel and lodging at each camp. Some events may have additional costs.
 - There is a 1-time application fee of \$25 includes a South u19 t-shirt.
- If selected Expenses will include:
 - Travel & lodging expenses for events.
 - There will be a Team Fee for kit, apparel and other expenses
 - Passport, Travel Insurance and other expenses TBD
- Rugby Experience & Athletic Ability
- Willingness to do Hard Work
- Ability to follow directions as a player and with Team Management
- Ability to have a valid passport when international travel is required.
- IRB Regulation 8 applies to all players in the national U19 teams i.e. born in the country, parents or grandparents born in the country or player resident for previous 36 months. For more information on the IRB go to <http://www.irb.com/index.html>

Any Questions, Please contact us

USA Rugby South u19 <http://www.usarugbysouthpanthers.com/>

Join us on Facebook <https://www.facebook.com/groups/686006471445734/>

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Forwards Coach- Randall Joseph randall_joseph@bellsouth.net

Backs Coach – Jody Hensley Jody.Hensley@mtsu.edu