



2015 Men Panthers Fall Selection Camp
November 14-15, 2015
Atlanta, GA
Open to All Aspiring Athletes

Decision making will be evaluated during all phases and be just as important as skill sets. All sessions will have high work rates therefore coming fit, ready to work is essential.

If you have played for USARS in a NACRA game or attended the Charlotte camp you are not required to attend the morning session.

November 14, 2015 Saturday

09:00 – 9:30	Orientation/Check – in
09:30 – 11:30	Skill Sets <ul style="list-style-type: none">• catch/pass• Breakdown• Defense
11:30 – 12:30	Lunch Break on your own
12:00 – 12:30	Check- in for those not in the morning session
12:30 - 14:00	Team organization session
14:00 – 16:00	Controlled Scrimmages
16:00 – 16:30	Player feedback and Sunday selections announced
16:30	Players released

November 15, 2015 Sunday

08:30	Arrive Life U
09:00 – 10:00	Team Run Through
10:00 – 12:00	Kickoff vs Life U
12:00 – 12:30	Game evaluation
12:30	Players released